Vanilla Sweet Cream Cold Foam

Ingredients

3 tablespoons of heavy cream or full fat coconut cream

1/3 cup milk or unsweetened almond milk

1 teaspoon vanilla extract

1 tablespoon of maple syrup (more or less too taste)

Recommended Equipment

Handheld frother see notes for other options

Instructions

- Mix the cream, milk, vanilla extract, and maple syrup in a tall, skinny glass. Use a handheld frother to blend the mixture well on high speed for at least one minute, until it thickens and froths well. If you don't have a frother, you could also add everything to a mason jar with a lid and shake it really well until thick and foamy.
- Taste the sweet cream cold foam and adjust the sweetness to your liking. Top your favorite cold brew coffee or iced coffee.